



Notes from Helping Hands

"For so many years, I worried about Mom every time I wasn't with her...I worried so much that it was affecting my health. Thankfully, Helping Hands is there for both of us now." - Karen O.

"My siblings and I wrestled with Dad over accepting someone's help other than ours...He refused until we connected with Helping Hands. What a load off our minds!" - Bruce D.

"After her stroke, my sister really struggled to maintain her independence and I live too far away from her to be of help on a regular basis. When we discovered Helping Hands, our problems were solved." - Susan S.

LutheranCare does not discriminate in the provision of services with regard to race, color, gender, sexual preference, religion, national origin, disability, age, marital status or any other protected class.



LutheranCare is a faith-based organization committed to the people of our community in need of compassionate care and dedicated to providing innovative, quality programs and services to those we care for and care deeply about.

Quality Care Since 1919!!



108-110 Utica Road
Clinton, NY 13323
www.lutherancare.org
Phone: 315.235.7196



Helping Hands

Home Companions

A Service of



315.235.7196

Helping Hands Offers

LutheranCare's *Helping Hands* offers a broad spectrum of services in the comfort of your own home.

Our home companions:

- ★ Prompt with morning & evening routines and grooming/dressing;
- ★ Arrange transportation to, and accompany on, social, medical & personal outings;
- ★ Prepare meals & nutritious snacks;
- ★ Provide companionship through conversation, entertainment & other activities;
- ★ Ensure dietary needs & restrictions are addressed & met;
- ★ Offer reminders regarding medications & prescriptions;
- ★ Perform light housekeeping duties including cleaning, bed-making & laundry;
- ★ Assist in providing adequate pet care;
- ★ Maintain calendar of appointments, correspondence & telephone calls;
- ★ And many more services which meet the individualized needs of the client!!

Discover Quality. Discover LutheranCare.

There's an exciting new venture at LutheranCare: a comprehensive home companion service, *Helping Hands*.

Helping Hands is designed to complement the already existing quality programs and services that LutheranCare provides as well as to address an identified need in our community. Currently, the geographic area served by *Helping Hands* encompasses Oneida County focusing on the greater Utica and Rome areas.

Contact *Helping Hands* Today.



**For more information on the
Helping Hands Service at LutheranCare,
please call 315.235.7196**

Helping Hands Vision

"Helping Hands enables the people of our community to continue living independently. By providing assistance and/or performing chores that they may be unable to do at this time, we help individuals maintain their health and care for their homes. Helping Hands' staff treats our customers with respect and offers peace of mind to those seeking assistance for loved ones. Trust us to meet your needs."

~ Kathleen Leslie, Business Manager



- ★ Companions are Fully Insured & Bonded
- ★ Overnight Stays & Week-end Availability
- ★ Flexible Scheduling based on Family Needs
- ★ Consistent, Reliable, Well-trained staff
- ★ Locally Owned & Operated
- ★ Simple In-home Registration Process