

EDUCATIONAL OPPORTUNITIES



*Nurturing Spiritual Growth
for the Second Half of Life*

SPIRITUALITY AND AGING!?

We're living longer than any previous generation. There are new challenges with every added year, but there are also new possibilities. The purpose of the Northeast Forum on Spirituality and Aging is to bring together church leaders, professional service providers, organizations and individuals to:

- explore and better understand the intersection of Spirituality and Aging.
- be passionate about ministry to, by, and with older adults.
- challenge the ageism of our culture—the pervasive negative images of aging
- promote intergenerational activities to enhance the quality of life for all people.
- create a network within our local communities to promote lifelong learning, encourage and support each other in our work.
- share information, books, events, programs, frustrations, and hopes with like minded people across the state.

We invite you to join us as we explore, challenge, promote, create, and share our passion for ministry to, by, and with older adults and lift up spirituality as an important part of our growth.

Locations and dates for NEFOSA Forums:

Central New York Forum meets every other month on the 2nd Thursday, 8:30 – 10:00am at LutheranCare, 108 Utica Road, Clinton, NY 13323.

Meeting dates for 2010 are:

June 10, Ann Tabrizi, Dementia & Creativity

August 12, Rev. Karen Marshall, Spiritual Direction

October 14, and December 9.

Rochester Forum meets every other month on the 3rd Monday, 9:30 – 11:30am at Christ the Good Shepherd Lutheran Church, 1000 Winton Rd. N, Rochester, NY 14609.

Meeting dates for 2010 are:

May 17, Patsy Glista, What I've Learned From My Elders

July 19, TBA

September 20 TBA

November 15, TBA

UPSTATE NEW YORK ELCA SYNOD ASSEMBLY

BANNER #1



UPSTATE NEW YORK SYNOD ASSEMBLY WORKSHOP

Monday, June 7th 3:00-4:10pm in room Highland D)

If We Were Taught To Respect Our Elders-

How Did 2.5 Million Elderly People Get Abused Last Year?

Elder mistreatment, abuse & exploitation cuts across all socio-economic, ethnic and racial lines. This presentation will outline the depth of this problem and the church's role in identifying, reporting and intervening in cases of elder abuse and mistreatment in our

communities.

Presented by Art Mason, Director of the Elder Abuse Prevention Program at Lifespan, Rochester
Sponsored by The Northeast Forum on Spirituality and Aging &
Lutheran Social Services of Jamestown

BANNER #2

photo
PEG &
ROSALIE
coming

UPSTATE NEW YORK SYNOD ASSEMBLY WORKSHOP

Monday, June 7th 4:15 – 5:25p.m. in room Highland E

From Aging to Sage-ing: Choosing to Grow Wiser

This workshop is for people seeking to age consciously and with purpose.

Our working definition of **SAGE-ING** is:

- I. The act of approaching aging as a journey of deepening wisdom, continued learning and expanding possibilities.
2. A process of self development that enhances interpersonal relationships, hones communication skills, and cultivates a valuation of Elders as mentors and wise counsel in community.
3. The act of harvesting life's wisdom as a legacy for future generations.
4. An inherently spiritual practice based on principles that are not specific to any faith or denomination but serve to enhance spiritual maturity in consort with all faith practices.

Presenters: Members of the Sage-ing Guild (<http://www.sage-ingguild.org>)

Rosalie Muschal-Reinhardt is a Certified Sage-ing Leader with the Sage-ing® Guild whose mission is to “change the paradigm from Aging to Sage-ing. She has served on the Coordinating Circle and Chair of the Education Committee of the Guild. Rosalie has been an educator for over fifty years—many of those years in Religious Education. She has a Master of Divinity from Loyola University in Chicago (1977) and has been an advocate for Social Justice for many years.

Peg Morris bring you over thirty-years of Social Work experience in Gerontology to her Sage-ing work. She has a B.S. in Social Work from the Rochester Institute of Technology and a M. S. in Gerontology from D'Youville College. Peg is retired from Highland Hospital where she spent the last twenty years working in the Acute Care for Elders Unit.

HARTWICK SEMINARY THEOLOGICAL INSTITUTE **JULY 26-30**

CORE CLASS (Mon. – Fri.) Corporate Worship / Formation

WORSHIP AS PASTORAL CARE --The curriculum would develop around the liturgical year: how to use the theme of the seasons, word, and sacrament in addressing life passage and extraordinary situations.

Instructor: Rev. Brian McCaffrey

As class texts I would require

A Bible, The ELW (or LBW) or whatever denominational equivalent,

II Elective Course (Mon. – Thurs.) Pastoral Care/Evangelism/Social Ministry

SPIRITUALITY FOR THE SECOND HALF OF LIFE

This would follow the same format as 2009.

- **This class would address the aging demographic of church and society.**
- **Understanding the shifts in the spiritual concerns and pastoral responses in the second half of life.**
- **Assessing the needs and resources of your congregation and community.**
- **Developing a program plan you can bring back to your congregation / community.**

Instructors: Rev. Brian McCaffrey & Patsy Glista, AIM

Course Book Recommendation

***Designing an Older Adult Ministry* by Richard Gentzler**

Discipleship Resources - United Methodist Church

ISBN 0-88177-269-0

From Aging To Sage-Ing
SATURDAY, OCTOBER 16, 9:00-12:00
WATCH FOR DETAILS

"Celebrating Our Wisdom and Still Learning"
SATURDAY, NOVEMBER 6TH 9:00-3:00
NEW HARTFORD UNITED METHODIST CHURCH